

# Recommendations for evacuation



## Risk profile of Yangon

Yangon is exposed to a variety of hazards. These include earthquakes, floods, tropical cyclones and fires. Thus it is important to take precautionary measures. This pamphlet contains information about **evacuation**.

## When to evacuate

Listen to the **radio and TV news** for information. Listen out for **sirens** and **announcements** by officials.

## What to take with you

If you must evacuate, it's likely that you may not be able to return to your home for several days. You most likely will not have time to pack your belongings. It's important to have an **emergency bag** ready for use. The following things should be included in a **waterproof bag for one person**:

- 1 **Important documents** (e.g National Registration Card, certificates, family registration, owner books, land grant, contracts, insurance policies, medical records)
- 2 Money and **valuables**
- 3 **Emergency contact information**
- 4 Recent **photos** of each family member
- 5 Food (dry food) and **water bottles** for 3 days
- 6 Sanitation and personal **hygiene** items
- 7 **Radio** with batteries
- 8 **Smartphone, charger and powerbank**
- 9 **Torch** with batteries
- 10 **Lighter** and candle
- 11 **First aid kit**  
and necessary **medicine**
- 12 **Clothes** and a **blanket**



Picture: Jakob Schaefer/Getty Images

**For kids: SOS capsule wristband:** small water-proof capsule that contains **personal data** such as address and who to contact in case of emergency, doctor's telephone numbers (if necessary: **medical information** concerning allergies, illnesses, immunizations)

## How to evacuate

**Stay calm** when you know you must evacuate. Do not rush, otherwise you could hurt yourself or other people. When you are living with **older** or **disabled people**, think in advance about how you can evacuate them safely. If you are not able to evacuate by yourself, **ask for help** in advance.

## Where to go

Proceed as quickly as possible to the **nearest rescue shelter (pagoda, church, school)**. **Inform yourself in advance** where it is **located** and how to get there. Take an **evacuation route** if possible.

## How to get reliable information

It is important to have **reliable information**.

- Information that comes **from the government** (e.g. newspaper, website of relevant ministry).
- Listen to the **radio** and watch **television**.
- Be **careful** with information from **social media**.

## Publisher of the pamphlet

### Yangon City Development Committee

Urban Planning Department  
[www.ycdc.gov.mm](http://www.ycdc.gov.mm)



### University of Cologne

Institute of Geography  
[www.geographie.uni-koeln.de/en/](http://www.geographie.uni-koeln.de/en/)



Flood Protection Centre  
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Cologne Fire Department,  
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German Committee for  
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Department of Urban and Housing  
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